

# Phyt Gym To Host Annual Women's Workout To Support Phyt Cares

10 February 2020 [Greg Winterton](#)

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Phyt Gym will hold a women's workout on Wednesday, March 11th, 2020, in conjunction with International Women's Day, where women in finance and alternative investments will get "Phyt" in support of [Phyt Cares](#), a tax-exempt non-profit that educates youth and communities in New York City and Puerto Rico through fitness. The event will take place Phyt Gym's New York headquarters, located at 139 East 57th Street, 5th Floor in Midtown Manhattan. All proceeds from the event will support Phyt Cares.

"We are honored to welcome an incredible group of women to Phyt Gym to get 'Phyt' for a great cause so we can continue our impact and touch more lives in both New York City and Puerto Rico through fitness," said Jonas Serrano, CEO of Phyt Gym and President of Phyt Cares.

Elana Margulies-Snyderman, Co-Founder, Phyt Cares, added: "Phyt Cares is honored to have a huge network of women in the alternative investment industry and financial services stand behind our cause while at the same time, we are extremely proud that we have been able to extend our mission to them and empower them through our fitness programs."

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